

# loumms year of socks

## aethenoth

**size:** to fit women's size 4-6.5 UK/6-8.5 US

**finished measurements:**  
foot circumference (flat): 7.5 inches  
cuff circumference (flat): 8 inches

**materials:**  
yarn: Indigo Moon (100% superwash merino; 370 yds/100 g)  
needles: 2 mm DPNs, set of 4  
notions: scrap yarn of similar weight; 2.5 mm crochet hook; tapestry needle

**gauge:** 14.5 sts/2 in over st st

*Aethenoth (pronounced eeth-uh-noth) was the noble steed who rode Lady Godiva through the streets of Coventry, in protest against her husband's tax on the poor. While the ride made Godiva famous, Aethenoth slipped quietly into the green pastures of obscurity. Yet without his support, Godiva's protest would have been far less influential and, from the Doukhobors to PETA, people have been whipping off their clothes to make a statement ever since. However, even nudies need to keep warm, and a cosy pair of hand-knit socks are a perfect accent to the fight against the Man.*



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## the cheater's tip

*The cheater's cast-on for the tip of a toe-up sock is my favourite method and the one I use here.*

*Note, depending on how you knit those initial 9 sts from the crochet bumps, you may find you only have 8 live sts once you've discarded the provisional holder. To avoid this, twist yarn when making first k st.*

With the length of scrap yarn crochet a chain of 10 or more sts. Pick up 9 sts through the bumps on the 'wrong side' of the chain. Work 5 rows in st st, ending on a knit row; remove provisional holder and retrieve the 9 live sts with a second needle. [Note: if you still find you only have 8 sts, pull up one st from below to serve as the 9th.]

With a new needle, pick up and knit 2 sts on left selvedge edge, k5 from the first needle.

With another new needle, k4, then pick up and knit 2 sts on right selvedge edge.

There are now 22 live sts: 9 on needle 1; 7 on needle 2; 6 on needle 3.

Next round: needle 1: k9, k2 from needle 2 (11 sts); needle 2: k1, m1, k4 (6 st); needle 3: k4, m1, k1, sl last st onto needle 1.

You should now have 12 sts on needle 1, 6 sts on needle 2 and 6 sts on needle 3.

Knit one round even.

Thread the tail to use as a marker at the start of needle 1. The rest of the toe is ready to begin!

## toe

round 1: needle 1: k1, m1 [pull up and k1, through st below one on needle], k to last st, m1, k1; needle 2: k1, m1, k to end; needle 3: k to last st, m1, k1

round 2: k1, all sts

Repeat these two until there are 64 sts: 32 on needle 1; 16 on needle 2; 16 on needle 3.

Knit two rounds even.

## foot

*Chart reads right to left. Note: needle 1 covers the top of the foot; the sole stitches run over needles 2 and 3.*

round 1: needle 1 (or the first 30 sts if using Magic Loop method): p1, k2tog, yo, k1, yo, ssk, p1, k18, p1, k2tog, yo, k1, yo, ssk, p1; needles 2 and 3 (or the next 30 sts if using Magic Loop method): k all sts

round 2: needle 1: p1, k5, p1, k18, p1, k5, p1; needles 2 and 3: k all sts

Repeat these two rounds 5 times.

Next round: needle 1: begin 'Aethernoth's Path' Chart; needles 2 and 3: k all sts

Continue in pattern until 2 inches from heel.

## heel turn, part 1

*Note: heel is worked over needles 2 and 3.*

row 1: k31 to last st, wrap [yf, sl st from left to right needle, yb, return st to left needle] and turn

row 2: p31 to last st, wrap [yb, sl st from left to right needle, yf, return st to left needle] and turn

row 3: k to last worked st, wrap and turn

row 4: p to last worked st, wrap and turn

Repeat row 3 and 4 until 8 live sts remain between wrapped sts.

## heel turn, part 2

*Picking up your wraps on the same side of the fabric will result in a symmetrical heel – for invisible wraps, lift wrapped stitches to needle on the public side on both the knit and the purl rows.*

row 1: k to first wrapped st, pick up wrap, ktbl2tog [wrap, plus st], wrap next st and turn

row 2: p to first wrapped st, pick up wrap, p2tog [wrap, and st], wrap next st and turn

row 3: k to first double-wrapped st, pick up both wraps, ktbl3tog [both wraps, plus st], wrap next st and turn

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row 4: p to first double-wrapped st, pick up both wraps, p3tog [both wraps, plus st], wrap next st and turn  
Repeat rows 3 and 4 until the final k3togtbl, there will still be a double-wrapped st at the other end of the needle.  
Begin working in the round.

Next round: needle 1: continue working in established pattern; needle 2: pick up wraps and k3tog, k to end; needle 3: k all sts (64 sts)

## leg

round 1: needle 1 (or the first 30 sts if using Magic Loop method): continue Aethernoth's Path; needle 2 (or next 15 sts): k6, p1, k2tog, yo, k1, yo, ssk, p1, k3; needle 3 (or last 15 sts): k3, p1, k2tog, yo, k1, yo, ssk, p1, k6  
round 2: needle 1: continue in pattern; needle 2: k5, p1, k5, p1, k3; needle 3: k3, p1, k5, p1, k5  
Continue working pattern as established until leg measures 7.5 inches, or desired length.

## cuff

round 1: needle 1: \* p1, k2tog, yo, k1, yo, ssk, p1, k2tog, yo, k1, yo, ssk, p1, k1, p1, k2, p1, k1, p1, k2tog, yo, k1, yo, ssk, p1, k2tog, yo, k1, yo, ssk, p1, repeat from \*  
round 2: \* p1, k5, p1, k5, p1, k1, p1, k2, p1, k1, p1, k5, p1, k5, p1, repeat from \*  
Repeat these two rounds 5 times.

Next round: p all sts

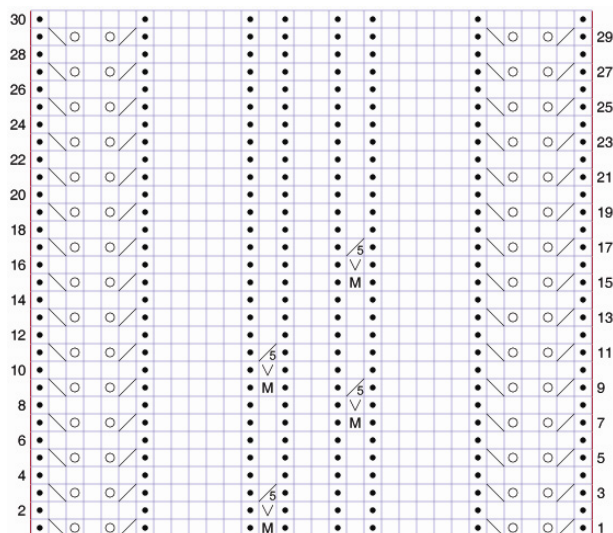
Next round: k all sts

## finishing

Bind off pwise and weave in any ends.




Block slightly, then wear streaking otherwise naked through town.

## aethernoth's path



## abbreviations

Everything else is pretty standard, these three are the important ones.

-  = make 5 into one st: p, yo, p yo, p
-  = slip 5 stitches
-  = decrease 5: slip the first 2 stitches as if to knit, knit the next 3 together, then pass the slipped stitches over the k3tog

erqsome knits is Emma Haigh. She lives in a small flat in London with two cats and a boy and writes at her blog, [erqsome.typepad.com](http://erqsome.typepad.com)

This pattern is part of the Loumms Year of Socks and cannot be distributed without permission.

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